

SPAM JAM

“My children love this concoction of spam, corn, and tomato sauce! Many non-islanders balk at the thought of spam. Frankly, not only do we favor this canned meat, it is quite a delicacy for us!! You can even find it on the menus of McDonalds restaurants throughout Guam.”

INGREDIENTS / INSTRUCTIONS

Set 1

¼ c. chopped onions (opt.)
4 cloves garlic, minced

Set 2

2 cans reduced sodium spam

sweet corn

Set 3

30 oz. can of tomato
sauce
1 – 15 oz. can of

½ t. garlic powder
¼ t. black pepper

Tools: large pot

1. Sautee onions and garlic in large pot. Add spam and sauté. Add tomato sauce and corn.

Try substituting the corn for sweet peas or green beans. Alternatively, add the peas and / or beans in addition to the corn.

Recipe from A TASTE OF GUAM by Paula Quinene of PaulaQ.com.